



REGIONAL NUTRITION COMMITTEE X

Resolution No. 4, s. 2023

**ENJOINING THE REGIONAL LINE AGENCIES, LOCAL GOVERNMENT UNITS,
FOOD ESTABLISHMENTS, RETAILERS, AND SCALING UP NUTRITION (SUN)
NETWORKS TO SUPPORT THE DOH ADMINISTRATIVE ORDER NO. 2021-0039 -
NATIONAL POLICY ON THE ELIMINATION OF INDUSTRIALLY-PRODUCED
TRANS FATTY-ACIDS FOR THE PREVENTION AND CONTROL OF
NON-COMMUNICABLE DISEASES**

WHEREAS, more than half million deaths worldwide from coronary heart disease annually can be attributed to high-intake of industrially-produced Trans-Fatty Acids (TFA). In the Philippines, about 3,000 Filipinos die prematurely due to high intake of TFA (World Health Organization, 2017). Cardiovascular diseases have been the leading cause of death globally for the past decades, and coronary heart disease is responsible for 16% of the world's total death. Further, studies have shown consistently that there is no safe level of TFA consumption, and intake has no health benefit;

WHEREAS, the World Health Organization (WHO) recommends limiting the consumption of all forms of TFAs to 1% from the total energy intake. Based on the exposure assessment report of Department of Science and Technology-Food and Nutrition Research Institute in 2018, children below 6 years old are at most risk exceeding the WHO recommendation by 150% from the upper limit among high levels of consumers. Despite this, Philippines still needs a conscientious monitoring and evaluation system to assess the impact of TFA intake;

WHEREAS, the Department of Health (DOH) issued Department Order No. 2021-0039 in 2021 to eliminate industrially-produced TFA for the prevention and control of non-communicable diseases. Specifically, the National Policy aims to provide guidance among Filipinos to reduce intake of TFA to less than 1% of the recommended total energy intake through these strategies: regulating pre-packaged food products containing TFA, enabling replacement of TFA with alternative oils, fats and oilseeds, and increasing awareness of the negative impacts of TFA to the public;

WHEREAS, multi-sectoral coordination shall be promoted in the development of complementing policies while ensuring proper management of real and potential conflict of interest;

WHEREAS, in support to this national policy, the National Nutrition Council (NNC) X shall develop and issue policies through its Regional Nutrition Committee resolutions and advisories. Also, develop and implement communication plan in collaboration with the DOH.

NOW THEREFORE BE IT RESOLVED AS IT IS HEREBY RESOLVED, that RNC members, Scaling Up Nutrition Networks, local government units (LGUs) and regional media group shall promote, disseminate and implement the national and regional policies concerning the elimination of industrially-produced TFA.



Republika ng Pilipinas
KAGAWARAN NG KALUSUGAN
NATIONAL NUTRITION COUNCIL X
2nd Floor, Door 1, Rego Building, Agoho Drive,
Zone 1 Carmen, Cagayan de Oro City



RESOLVED FURTHER, that the communication plan shall be cascaded to stakeholders, partners and communities.

RESOLVED FINALLY, that copies of the Resolution be forwarded to RNC member agencies, LGUs and other relevant partners for appropriate action and support.

APPROVED, 20 June 2023

Joint RNC, RNCI, RTWG and ECCD-F1K 1st Semester Meeting
Chali Resort and Conference Center, Cagayan de Oro City

Certified Correct:

GLADYS MAE S. FERNANDEZ, RND, MDM
Secretary, RNC X
Regional Nutrition Program Coordinator
National Nutrition Council X

Approved:

JOSE R. LLACUNA, JR., MD, MPH, CESO III
Chairperson, RNC-X
Director IV
Department of Health, CHD-Northern Mindanao